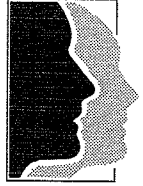


MARC E. LIEBERMAN, M.D., F.A.C.S.
Ear, Nose and Throat
Facial Plastic Surgery



TYMPANOSTOMY WITH TUBES INSTRUCTIONS

THE NIGHT BEFORE SURGERY

- Do **not** eat or drink anything starting 8 hours before the surgery if it is going to be done under general anesthesia.

THE DAY OF SURGERY

- If the surgery is performed under general anesthesia you will stay in the recovery room after surgery until you are fully awake. After a few hours you will be discharged to go home.
- After the surgery you may eat or drink anything as tolerated.
- If you have had general anesthesia you may be nauseated. This usually clears after a few hours. If the nausea persists or you vomit repeatedly your doctor should be contacted.
- If the surgery is done in the office, you must have a driver, as you may experience some temporary dizziness after the procedure.

ADDITIONAL INFORMATION

- You might see a little drainage from the ear(s) for the first 24 hours. It may be blood-tinged. Call your doctor if the drainage becomes profuse.
- If you experience any discomfort you may take any over-the-counter medication, except aspirin or aspirin containing products. Tylenol, Aleve or Motrin should be sufficient. If the pain becomes severe your doctor should be contacted.
- Keep your ears(s) dry for the first 3 postoperative days. A cotton ball with Vaseline applied will work as a water-resistant plug for bathing or showering. After 3 days you can go swimming, bathe and shower normally. If you get water in the ear(s) during the first 3 postoperative days you could develop an ear infection. Swim molds are unnecessary because your doctor uses waterproof tubes.
- Your doctor will check your ear(s) on the day following your surgery and one month later. You will then need to see your doctor every 3 months for as long as the tube(s) is in your ear(s).
- A temperature of over 100.4 should be reported to your doctor.
- Normal activities can be resumed after the initial postoperative visit.

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1600 36th Street, Suite A Vero Beach, FL 32960

(772) 569-7800 Fax (772) 569-9252

Diplomate, American Board of Otolaryngology
Diplomate, American Board of Facial Plastic & Reconstructive Surgery