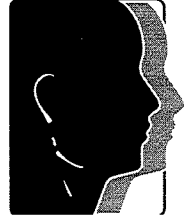


MARC E. LIEBERMAN, M.D., F.A.C.S.  
KATSIARYNA HUSEVA BAILOR, M.D.  
Ear, Nose and Throat  
Facial Plastic Surgery



## TYMPANOSTOMY WITH TUBES INSTRUCTIONS

### THE NIGHT BEFORE SURGERY

- Do **not** eat or drink anything starting 8 hours before the surgery if it is going to be done under general anesthesia.

### THE DAY OF SURGERY

- If the surgery is performed under general anesthesia you will stay in the recovery room after surgery until you are fully awake. After a few hours you will be discharged to go home.
- After the surgery you may eat or drink anything as tolerated.
- If you have had general anesthesia you may be nauseated. This usually clears after a few hours. If the nausea persists or you vomit repeatedly your doctor should be contacted.

### ADDITIONAL INFORMATION

- You might see a little drainage from the ear(s) for the first 24 hours. It may be blood-tinged. Call your doctor if the drainage becomes profuse.
- If you experience any discomfort you may take any over-the-counter medication, except aspirin or aspirin containing products. Tylenol, Aleve or Motrin should be sufficient. If the pain becomes severe your doctor should be contacted.
- Keep your ears(s) dry for the first 3 postoperative days. A cotton ball with Vaseline applied will work as a water-resistant plug for bathing or showering. After 3 days you can go swimming, bathe and shower normally. If you get water in the ear(s) during the first 3 postoperative days you could develop an ear infection. Swim molds are unnecessary because your doctor uses waterproof tubes.
- Your doctor will check your ear(s) on the day following your surgery and one month later. You will then need to see your doctor every 3 months for as long as the tube(s) is in your ear(s).
- A temperature of over 100.4 should be reported to your doctor.
- Normal activities can be resumed after the initial postoperative visit.

Revised 12/1/20

1600 36th Street, Suite A Vero Beach, Florida 32960 772-569-7800 Fax 772-569-9252

Diplomate, American Board of Otolaryngology  
Diplomate, American Board of Facial Plastic & Reconstructive Surgery