



## OTOPLASTY (EAR PINNING)

### **PRIOR TO SURGERY**

- No aspirin or aspirin containing products for 2 weeks prior to surgery, as well as for 2 weeks following the surgery.

### **NIGHT BEFORE SURGERY**

- Thoroughly remove all of your makeup.
- Do **not** have anything to eat or drink starting 8 hours before surgery.

### **DAY OF SURGERY**

- Wear loose, comfortable clothing. Make sure that your shirt does not have to be pulled over your head to be removed.
- Do **not** wear any makeup on your face.
- For any discomfort, take the pain medication that Dr. Lieberman has given you. Do **not** wait until you are in a great deal of pain as the medication will be less effective and will take longer to “kick in”. If you do not get any relief, call Dr. Lieberman
- After the procedure, keep the wound dry for 24 hours. On the morning after your surgery, you can remove the head wrap just long enough to take a shower. After your shower, apply any triple antibiotic ointment (e.g. Neosporin) to the incision. Continue to apply the ointment once a day until the sutures are removed.
- Make sure that you wear a head wrap continuously for the first post-operative week. It can be removed only when you take a shower.
- For optimum results, continue to wear the head wrap while sleeping for the next 3 weeks.
- No school or work for the first postoperative week and no strenuous activity (e.g. gym) for 2 weeks.

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