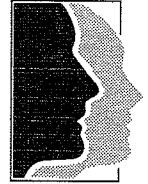


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Ear, Nose and Throat  
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## WOUND CARE INSTRUCTIONS

### SKIN CANCER EXCISION

### LACERATION REPAIR

### SCAR REVISION

### LESION REMOVAL

### SKIN BIOPSY\*\*

To help your scar heal as delicately as possible, please adhere to the following:

- Keep the wound/incision site dry for the first 8 hours.
- Clean the area with peroxide 2 times a day.
- After cleaning with peroxide, apply Neosporin Ointment (or any other triple antibiotic ointment, not cream) 2 times a day. Do not apply and immediately wash it off!
- If the wound is sutured, use the peroxide and ointment until all the sutures are removed.
- If the wound is not sutured, use the peroxide and ointment until fully healed – the eschar (scab) is gone.
- Once all the sutures are removed and the wound has fully healed, keep the site covered with a sunblock of SPF 15 or greater. Do this for the next year to minimize the scarring.

\*\* If you have had a biopsy, our office will contact you when the results are available, typically within 2 to 3 business days. We make every effort to contact the patient. On rare occasions, it might be overlooked, so if you have not heard anything in one week, please contact our office.

8/8/17

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