



TYMPANOSTOMY WITH TUBES

THE NIGHT BEFORE SURGERY

- Do **not** have anything to eat or drink starting 8 hours before the surgery if it is going to be done under general anesthesia.

THE DAY OF SURGERY

- If the surgery is performed under general anesthesia, you will stay in the recovery room until you are fully awake. After a few hours, you will be discharged to go home.
- After the surgery, you may eat or drink anything as tolerated.
- If you have had general anesthesia you may be nauseated. This usually clears after a few hours. If the nausea persists or you vomit repeatedly Dr. Lieberman should be contacted.

ADDITIONAL INFORMATION

- You might see a little drainage from the ear(s) for the first 24 hours. It may be blood tinged. Call Dr. Lieberman if the drainage becomes profuse.
- If you experience any discomfort, you may take any over-the-counter medication, **except** aspirin or aspirin containing products. Tylenol, Aleve or Motrin should be sufficient. If the pain becomes severe, Dr. Lieberman should be contacted.
- Keep your ears(s) dry for the first 3 post-operative days. A cotton ball with Vaseline applied will work as a water resistant plug for bathing or showering. After 3 days, you can go swimming and shower/bathe normally. If you get water in the ear(s) during the first 3 post-operative days you could develop an ear infection. Swim molds are unnecessary because Dr. Lieberman uses waterproof tubes.
- Dr. Lieberman will check your ear(s) on the day following your surgery and 1 month later. You will then need to see Dr. Lieberman every 3 months for as long as the tube(s) are in your ear(s).
- A temperature of over 100.4 should be reported to Dr. Lieberman.
- Normal activities can be resumed after the initial post-operative visit.
- 09/26/13